



## Nutrition for Intuition

By Doreen Virtue, Robert Reeves

Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, Nutrition for Intuition, Doreen Virtue, Robert Reeves, Now you can learn which foods and beverages will enhance your natural intuitive abilities and your physical health! Doreen Virtue and Robert Reeves ND share practical ways for you to enhance your spiritual gifts by making simple dietary changes and additions. You'll read how to monitor the life-force energy within your daily meals, drinks and supplements, as well as how to work with this energy to superpower your intuition, clairvoyance and manifestation abilities. Each day of the week has its own special vibration, and you'll discover why starting a new, healthy eating plan on Monday never works. Learn all about the spiritual applications of common nutrients - like organic vitamin C and magnesium - and why you may not need the dosages listed on the labels. Read about the pituitary gland's connection to your third-eye chakra and diet. Nutrition for Intuition will show you how to activate your psychic and healing abilities through conscious nutritional adjustments.



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