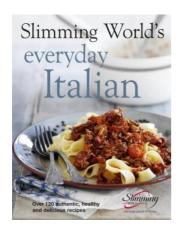
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SLIMMING WORLD'S EVERYDAY ITALIAN: OVER 120 FRESH, HEALTHY AND DELICIOUS RECIPES



Ebury Publishing. Hardback. Book Condition: new. BRAND NEW, Slimming World's Everyday Italian: Over 120 Fresh, Healthy and Delicious Recipes, Slimming World, Italian cuisine has been a firm favourite in Britain ever since it arrived here, yet people who are trying to lose weight often shy away from the much-loved pastas, risottos and sauces for fear that the carbs, cheeses or oils will pile on the pounds. This cookbook from the UK's leading slimming organisation shows you how healthy Italian food...

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