



Teacher Stress and How to Cope

By Jeffry Beers

LAP Lambert Academic Publishing Jul 2014, 2014. Taschenbuch. Book Condition: Neu. 220x150x13 mm. Neuware -Teaching is stressful. The demands placed on teachers result in emotional exhaustion and burnout, causing many to leave the profession early. The purpose of the study was to examine whether the coping process utilized by teachers differed at different stages of their career. The current study utilized a portion of the baseline interview of a randomized waitlist control study conducted to explore the effects of a mindfulness-based program on teachers. After coding the interview data for each step of the coping process (i.e., demands, appraisals, ways of coping, resolution, and postcoping assessment), a Frequency Analysis was conducted to determine the rate of occurrence with which teachers report each step listed above. In addition, a series of Chi-square analyses were administered to explore whether there is an association between how the teachers responded to questions corresponding to each step of coping process. Finally, pairwise comparisons were conducted using data from each step to determine which groups of teachers differed from each other. The results indicated that teachers do indeed differ in terms of perceived stress and their chosen method of coping. 216 pp. Englisch.



Reviews

A fresh e book with an all new viewpoint. It can be rally exciting through studying period of time. You will like the way the writer write this publication.

-- Tania Cormier

An extremely wonderful pdf with perfect and lucid information. Better then never, though i am quite late in start reading this one. I realized this publication from my dad and i recommended this publication to understand.

-- Clinton Johns DDS

You May Also Like



Psychologisches Testverfahren

Reference Series Books LLC Nov 2011, 2011. Taschenbuch. Book Condition: Neu. 249x191x7 mm. This item is printed on demand - Print on Demand Neuware - Quelle: Wikipedia. Seiten: 100. Kapitel: Myers-Briggs-Typindikator, Keirsey Temperament Sorter, DISG, Eignungstest für das Medizinstudium, Adult Attachment Interview,...



Programming in D

Ali Cehreli Dez 2015, 2015. Buch. Book Condition: Neu. 264x182x53 mm. This item is printed on demand - Print on Demand Neuware - The main aim of this book is to teach D to readers who are new to computer programming. Although...



Adobe Indesign CS/Cs2 Breakthroughs

Peachpit Press, 2005. Softcover. Book Condition: Neu. Gebraucht - Sehr gut Unbenutzt. Schnelle Lieferung, Kartonverpackung. Abzugsfähige Rechnung. Bei Mehrfachbestellung werden die Versandkosten anteilig erstattet. - Adobe InDesign is taking the publishing world by storm and users are hungry for breakthrough solutions to...



My Brother is Autistic

Barron's Educational Series Inc., U.S. Paperback. Book Condition: new. BRAND NEW, My Brother is Autistic, Jennifer Moore-Mallinos, Medical experts are just beginning to understand varying degrees of autism and its impact on both the autistic child and his family. This book describes an...



The Java Tutorial (3rd Edition)

Pearson Education, 2001. Softcover. Book Condition: Neu. Gebraucht - Sehr gut Unbenutzt. Schnelle Lieferung, Kartonverpackung. Abzugsfähige Rechnung. Bei Mehrfachbestellung werden die Versandkosten anteilig erstattet. - Praise for "The Java' Tutorial, Second Edition" includes: "This book stands above the rest because it has...



Have You Locked the Castle Gate?

Addison-Wesley Professional. Softcover. Book Condition: Neu. Gebraucht - Sehr gut Unbenutzt. Schnelle Lieferung, Kartonverpackung. Abzugsfähige Rechnung. Bei Mehrfachbestellung werden die Versandkosten anteilig erstattet. - Is your computer safe Could an intruder sneak in and steal your information, or plant a virus Have...