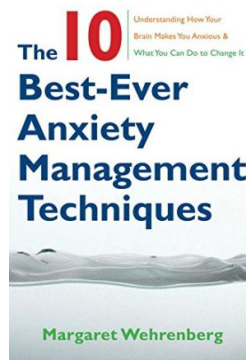


What...

The 10 Best-Ever Anxiety Management Techniques Understanding How Your Brain Makes You Anxious and What You Can Do to Change It



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